Programs, Athletics and Special Events for Adults, Youth and Families

Fall Activity Guide

Middlebury Parks & Recreation
move • grow • connect

Middlebury Parks & Recreation Department
townofmiddlebury.org
September - November 2022
Let Us Host Your Event!

MEMORIAL SPORTS CENTER
296 Buttolph Drive, Middlebury VT • 802-388-1238
info@memorialsportscenter.org • www.memorialsportscenter.org

• Soccer
• Lacrosse
• Basketball
• Baseball
• Hockey
• Rollerblading

• Concerts
• Car Shows
• Home Shows
• Flea Markets
• Fund Raisers
• & More

See You On the Ice in October!

MEMORIAL SPORTS CENTER
296 Buttolph Drive, Middlebury VT • 802-388-1238
info@memorialsportscenter.org • www.memorialsportscenter.org

Enjoy the Rainbow!
Limited Quantity
Polymer Chairs...
to last a lifetime.
maintenance free • multitude of colors

Route 7 South • Middlebury, VT • 802-388-6297
General Information

Mission Statement

The Middlebury Parks & Recreation Department (MPR) shall provide lands, facilities, and services for community members of all ages and all income levels. It shall provide programs for both sport and leisure. The department shall serve as instructor, facilitator, and partner in efforts to promote and improve quality of life for participants. MPR will work with an involved public and business community to provide a healthy and aesthetically pleasing environment with opportunities for cultural growth.

The department should be flexible enough to meet the changing needs and tastes of the community, while finding creative ways to deliver recreation programs and facilities that are affordable to the residents of Middlebury.

Contact Us

Office Hours:
Monday – Friday, 8:00 am – 4:00 pm

Physical Address: 154 Creek Road Mailing Address:
77 Main Street, Middlebury, VT 05753

Other Contact Info: Phone: 802-458-8014/15
Website: townofmiddlebury.org > Go to Departments and select Parks and Recreation

Facebook: Town of Middlebury Parks and Recreation

Middlebury Parks & Recreation Committee
Greg Boglioli – Chair and East Middlebury Representative
Tricia Allen – Ilsley Library Representative
Bill Ford – Memorial Sports Center Representative
Farhad Khan – Selectboard Representative
Melissa Kin – Middlebury At-Large
Mark Wilch – Middlebury At-Large
Megan Curran – Middlebury At-Large
Isabel Gogarty – Middlebury At-Large
Karen Duguay – ACSD Representative
Ethan Murphy – Alternate

STAFF OF MIDDLEBURY PARKS AND RECREATION DEPARTMENT

Dustin Hunt - Superintendent
802-458-8014
dhunt@townofmiddlebury.org

Scott Bourne - Program Coordinator
802-458-8015
sbourne@townofmiddlebury.org

ADVERTISING

The Addison Independent prints and distributes this publication four times per year. We welcome your advertisement for a business, program or event in our publication for a fee; please contact us for more specific information: ads@addisonindependent.com or 388-4944.

RESERVATIONS- Facilities and Sports Fields

Middlebury Parks & Recreation Department requests that all groups planning to use our facilities or fields please notify us in advance by making a reservation. Anyone wishing to make a reservation must complete a facility use application, available in our offices or online at the Town website. Facility Use Request Forms are considered on a first come, first serve basis, depending on availability. Rental fees may apply. For additional information regarding availability, rates, and reservations, contact the MPR offices at (802) 458-8015.
INCLEMENT WEATHER POLICY
Programs may be cancelled in the event of severe weather or power outages. MPR encourages you to do the following if you have any questions:

Call: MPR Offices, 802-458-8015
For Program Cancellations Check:
Facebook - Town of Middlebury Parks & Recreation

REFUND POLICY
If you need to cancel your registration before the second session of the program, we will refund you a pro-rated registration fee, minus a 10% processing fee. After the second session is attended, eligibility for a refund is void.

• Please be aware that refund requests may take up to 30 days to process.
• Every effort is made to ensure that the information in this guide is accurate. We reserve the right to add, withdraw, or revise programs or events as needed. For more updated information, please visit our website often.

ACCESSIBILITY
Individuals with or without disabilities may register for all programs offered by MPR provided program safety can be met. The Department provides reasonable accommodations for people with disabilities. Contact MPR offices in advance of the program start date to discuss accommodation on a case-by-case basis.

NON-RESIDENT POLICY
Non-Residents of Middlebury are allowed to register for all Parks and Recreation programs. Non-Residents will be charged an additional fee of 15% for each program registered for. A Non-Resident is defined as someone who does not live in Middlebury or pay property taxes to the Town of Middlebury.

SCHOLARSHIPS
Middlebury Parks and Recreation is pleased to be able to offer scholarships to participate in all of our programs. The scholarship guidelines are based on the free and reduced lunch guidelines within the schools. If you’d like to apply for a scholarship or more information, please contact our office.

COVID-19 GUIDELINES
All current Covid-19 regulations will be followed by all of our summer programs. Any or all programs may be suspended or canceled at the discretion of the Parks and Recreation Department with or without notice to ensure the safety of our participants, instructors, and staff.
2022 Fall Gymnastics

Instructor: Terri Phelps     802-236-1315
*Important: Please Read*
Registration will begin Monday, Aug. 29th at 9:30am

Students will work to improve strength, flexibility, and coordination, as well as skill development in a safe and fun environment. Instruction will be included on uneven bars, beam, floor exercise, springboard, parallel bars, and vault.

September 12th- November 12th (No classes 10/5-10/11)

Preschool (Ages 3-4)
01. Tuesday 10:30-11:30am $120 ($138.00)
02. Tuesday 11:30-12:30pm $120 ($138.00)
03. Saturday 10:00-11:00am $120 ($138.00)
04. Saturday 11:00-12:00pm $120 ($138.00)

Beginner (Ages 5-7)
05. Saturday 12:30-1:30pm $110 ($126.50)

Beginner/Advanced Beginner
06. Tuesday 3:15-4:15pm $110 ($126.50)
07. Wednesday 3:15-4:15pm $110 ($126.50)

Advanced Beginner/Intermediate
08. Saturday 1:30-2:30pm $110 ($126.50)

Intermediate/Advanced
09. Tuesday 4:15-5:15pm $110 ($126.50)
10. Wednesday 4:15-5:15pm $110 ($126.50)
11. Saturday 2:30-3:30pm $110 ($126.50)

Gymnastics Afterschool Program!

Ages 5-10
Program includes a 1-hour class, games/activities and free time. Please bring a snack as well. Students can arrive anytime after 3pm and must be picked up by 5:30pm.

12. Monday 3:15-5:15pm $180 ($207.00)
13. Thursday 3:15-5:15pm $180 ($207.00)

THE BIKE SHOP
FOR EVERYONE!

Call to schedule a tune today!
388-6666

Other Services:
Bike Rentals • Ice Skate Sharpening
Ski and Snowboard Tuning

BOYS & GIRLS CLUB
OF GREATER VERGENNES
GREAT FUTURES START HERE.

Looking for something to do after school?
Become a member at the Club for free!
Great opportunities for grades 4 through 12

20 Armory Lane, Vergennes - (802) 870-7199
www.bgcvergennes.org

74 Main St., Middlebury • froghollowbikes.com
2022 Fall Soccer

Division 1- Grades 1 and 2 (Coed) –
Wednesday and Friday 3:30pm - 4:45pm

Division 2- Grades 3 and 4 (Gender Specific) –
Tuesday and Thursday 3:30pm - 5:00pm

Division 3- Grades 5 and 6 (Gender Specific) –
Boys: Monday and Wednesday  5:30pm - 7:00pm
Girls: Monday and Wednesday  5:30pm - 7:00pm

• Please note that 6th graders will have the option of playing
  Rec. Soccer this fall as well as for the school teams (practices are
  later for that age group so they can do both)
• All practices will be held at the Middlebury Recreation Park
• Program will begin the week of September 5th (No practices
  on Labor Day)
• We ask that all players be registered on or before Friday,
  August 26th
  Fee: $70 for Residents of Middlebury, $80.50 for Non-
  Residents (Scholarships available)
  *Each player will receive a ball and jersey to keep*

If you are interested in coaching a team please email Scott Bourne sbourne@townofmiddlebury.org or call 802-458-8015

TAM Trek Trail Race & Fun Run/Walk

All proceeds support the Trail Around Middlebury!

SAVE THE DATE
Sept. 18, 2022
TO REGISTER:
www.MALTVT.org/tam-trek

TAM2022
10% off code

photo by Betty Remton
Preschool and Kindergarten Soccer (Ages 4-5)

This 6-week session will focus on teaching the basic fundamentals of soccer. This program is designed to be clinic-based skills work which will help players get ready for the next level of competitive soccer while keeping it fun and engaging. The groups will be age specific this year and we will be limiting it to 20 players per age group so we can keep the group sizes small and offer more one on one direction.

Dates and Time:
Monday, September 12th-October 17th

4 Year olds- 3:30-4:25  5 Year olds- 4:30-5:25
Cost: $50 for Residents, $57.50 Non-Residents

World Music + Wine
@ Lincoln Peak Vineyard
Sept 9
Tickets $15 advance $18 at the door Children 12 and Under FREE

Yoga with Jillian
Sept 10
Come join this fun, immersive theater experience. Play by Lia Romeo, performed by Michole Biancosino

The 39 Steps
Sept 15, 16, 17 & 18
Four actors, 34 different characters!

Front Porch Follies
@ American Flatbread Pavilion
Sept 23
located in the Marble Works

Middlebury Community Players

Admissions
Featuring Jena Necrason, John Nagle, Orlando Grant, Geeda Searfoorce & Mary Adams-Smith
Oct 7-9 & 13-16

Stealing From Work
Nov 4
Celebrating 10 years of hilarious sketch comedy featuring local all-stars

Tickets:
townhalltheater.org
802-382-9222

SPONSORED BY
IPJ Real Estate
2022 Archery 1

Number of students per class – Minimum 7, maximum 12
Dates – Thursdays 4pm to 5pm, 9/15-10/6
Program consists of a 1-hour, once a week class for 4 weeks
Cost per student for the 4-week class is $80
Type of bow – Recurve (provided by instructor) or bring your own

Location of range – Mary Hogan Rec Field
Equipment (Provided) – Recurve bows, arrows w/field tips, targets
Course content – Range safety, range set-up, basic equipment set-up and use, & the basic steps of shooting and scoring.

About the Instructor – Melinda Hardt has been instructing and designing archery classes for youth since 2007. She started teaching the basics at an outdoor science school in California. She was trained by an Olympic-level archer, and obtained her Level 1 Archery Certification. She designed and orchestrated year-round archery classes and a continuous summer camp program, as well. She went on to obtain a Level 2 USA Archery Certification and has taught archery programs all over the country. She currently runs her own archery business in Vermont which provides programs for youth in Middlebury, Rutland & Castleton, as well as birthday parties, home school groups and more!

Contact Info – Phone: 802-417-7581, Email: sendmelindamessages@gmail.com

Falling for Autumn?

Check out the Addison Independent’s Annual Fall Guide for:
- Foliage Tours
- Fall Calendar of Events
- Dining Guide
- Historical & Cultural Destinations
- Recreation Adventures

Hitting the newsstands on September 29th!
2022 Middlebury Flag Football

Important Information / Dates for Families

Registration and Equipment Issue at the Middlebury Town Gym – 154 Creek Road
Tuesday, September 6th  6:00 – 6:45 pm
  8th grade: 6:00 pm
  7th grade: 6:15 pm
  6th grade: 6:30 pm

Wednesday, September 7th
6:00 – 6:45pm 1st – 3rd grade: 6:00 pm
Grades 1-3 can also register online:
https://forms.gle/YkDCVZnmxvPm3e5H7

4th grade: 6:15 pm
5th grade: 6:30 pm

***Please bring two (2) separate checks or cash to registration***

1) REGISTRATION FEE:
Payable to Middlebury Flag Football (MFF)
  • Grades 5 – 8: $50.00
  • Grade 4: $25.00
  • Grades 1 – 3: Free

*Family Rate: Families pay registration fee for 2 players – fee for additional players waived

2) EQUIPMENT DEPOSIT: Original check will be returned/voided when all equipment is returned clean and in good condition

  *All players, grades 4-8: $125.00:
  Payable to Middlebury Flag Football (MFF)

SKILLS CLINIC / TEAM ASSIGNMENT:
4th – 8th Grade
Saturday, September 10th:
• 9:30 – 10:30 a.m. Flag Football Clinic hosted by Middlebury College Football team at Middlebury College Alumni Stadium
  ◦ BRING YOUR FLAGS
  ◦ CLEATS ARE OPTIONAL
  ◦ LEAVE THE REST OF YOUR GEAR AT HOME

Sunday, September 11th: Coaches contact each player regarding team assignment, practice details and their contact information. If you do not hear from the coach by 6:00 Sunday evening, contact Peter Brakeley 802-388-2194 or June Kaufmann 802-349-8534.

Week of September 12th:
• 5th – 8th grade: Four (4) practices, 2 hours each. * Practice days and times determined by team coach.
  • 4th grade: Monday and Wednesday 5:00pm - 6:00pm
  • 1st – 3rd Grade: Monday 5:00 – 6:00pm
  Practice for all grade levels takes place on the MUHS practice fields.

Saturday, September 17th: Games begin! ALL GAMES will be played at the MUHS practice fields
9:00 am 7th and 8th grades - 10:30 am 5th and 6th grades
1st - 4th graders do not have Saturday games

Week of September 19th: Two (2) practices, 1-½ hours each for 5th – 8th
  4th graders continue 2 practice sessions per week and 1 – 3rd continue with 1 practice a week (No Saturday games for grades 1 - 4)

Remainder of the season is a repeat of the above (Grades 5 – 8: 2 practices each week, games on Saturday through October 22, Grade 4: Monday and Wednesday practice, Grades 1 -3: Monday practice)
2022 Youth Field Hockey Club

Who: Children in grades K-6  
Location: Middle School Field Hockey Field  
When: September 7th - October 19th  
      Mondays and Wednesdays 5:30-6:30pm  
Instructors: Chelsey Giuliani, Katharine DeLorenzo  
              and high school and college athletes.  
Cost: $25.00  
Register: Online or at Recreation office  
Description: Girls and boys will learn and hone skills from both collegiate and high school athletes and coaches on a learner-friendly surface.

44th Annual Turkey Trot and Gobble Wobble
Sunday, November 20th, 2022  
12pm

Mark your calendars for the triumphant return of the 44th annual running of this pre-Thanksgiving event. All participants will receive a special gift and we’ll be giving away turkeys, gift certificates, and much more!

Race brochures will be available in the Parks and Recreation office in mid-September.

Tennis anyone?
Open to the public. Year round. 7 days a week.

Indoor Courts  
Lessons & Group Clinics  
Reduced Rates for Seniors
Drop-In Programs

**Adult Co-ed 30+ Basketball**
Wednesdays 6:30pm-9:00pm at Middlebury Rec. Center Gym
For more information please contact Bryan Jones @ 802-989-8399
$4.00 per drop-in or buy a $20 punch card for 7 visits

**Adult Co-ed Volleyball**
Monday’s 6:00pm-8:30pm at Middlebury Rec. Center Gym
For more information please contact Sue Richardson at sue_d_richardson@softhome.net or 802-557-2724
$4.00 per drop-in or buy a $20 punch card for 7 visits

**Tot Time Gym Hours**
Wednesday and Thursdays 10am-12pm
$50 for school year pass or $4 per visit. Scholarships available for passes.

**Pickleball**
Outdoor play will continue at Middlebury Rec Park until first snowfall

**Indoor courts (starting approx. mid-October)**
Monday through Thursday 7am-10am. All abilities welcome.
3 courts available, Court 1 will be for beginners, Courts 2 and 3 will be for intermediate/advanced players.
$4.00 per drop-in or buy a $20 punch card for 7 visits.

Courts can be rented for private use per hour for $50 full court or $30 for 1 court from 10am-1pm, Monday-Friday. To reserve or check availability please email Scott Bourne at sbourne@townofmiddlebury.org.

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**The 2022 Garden Game Is Here!**

Each summer the Addy Indy and Agway partner to present the Garden Game, awarding prizes for the largest entries in each of the fruit and veggie categories below:

- Asparagus (length x circumference)
- Beet (circumference)
- Broccoli (diameter)
- Cabbage (circumference)
- Cantaloupe (circumference)
- Carrot (length x circumference)
- Cauliflower (diameter)
- Corn (length x circumference)
- Cucumber (length x circumference)
- Edible Leafy Greens (length x width - leaf only)
- Eggplant (circumference x circumference)
- Fennel (length x circumference)
- Green Bean (length)
- Kohlrabi (circumference)
- Leek (length x circumference)
- Melon (circumference)
- Onion (circumference)
- Parsnip (circumference)
- Pepper (circumference x circumference)
- Potato (length x circumference)
- Pumpkin (circumference x circumference)
- Radish (circumference)
- Rutabaga (circumference)
- Summer Squash (length x circumference)
- Sunflower (diameter)
- Tomato (circumference)
- Turnip (circumference)
- Winter Squash (length x circumference)
- Zucchini (length x circumference)

**How do you play the Garden Game?**
Just bring in any of the above fruits/veggies to our office at 58 Maple Street, Middlebury to be officially measured. Weekly front runners will be posted online and listed in the newspaper. Entries must be home-grown in the greater Addison County area. One winner per category. One prize per person. Winners will be announced at the first sign of frost.

Visit addisonindependent.com/contests for more info.
Addison Central Teens (ACT)

Be sure to check out the Teen Center’s website, www.Middteens.org, to stay up to date with us for further details of our Fall programs!

Teen Executive Board: Having started this past spring and composed of dedicated teens, the Teen Executive Board has a direct say and plays a direct role in the programs we offer and the culture of the Teen Center. Any and all teens who want to help make our space even better are welcome to join TEB, as we like to call it!

DND: Veteran players already know how wild Dungeons and Dragons can get, but if you’re new to the game and want to learn what it means to be a holy paladin, or a gold-loving goblin be sure to check us out! Dates TBD

Halloween: For the past two years, the Teen Center has shared our frights with the good people of Middlebury, but this year we’ll provide our town with true terror! Our haunted Halloween event is sure to leave your heart racing. Date TBD

Parent Night: The Teen Center will be hosting a Parent’s Night where local parents can come to relax with other adults and get a night just for themselves with delicious food and good company. Date TBD

Pride: On September 18th we’ll be heading to the Burlington Pride Parade and Festival, where we’ll walk in the parade, loud and proud, and enjoy all the festivities the day has to offer! *Registration required, and lunch provided!

Photography: Led by Josh Hart, this 6-week photography workshop is exclusive to any and all BIPOC and LGBT+ youth (Addison Central Teens continued on Page 13)

Spooktacular is Coming...

Sunday, October 30th
1-3 PM

Get ready for tricks, treats and lots of fun new activities on the green in Middlebury!

Visit ExperienceMiddlebury.com for more information about Spooktacular, the rest of Experience Middlebury signature events and all of the ways you can live, work and play better in Middlebury!
who wish to learn more about photography and get some real hands-on experience with a classic medium! Dates TBD

**FNG:** Hosted at the Teen Center and facilitated by Outright Vermont, this group supports LGBT+ youth in our area by providing them an additional space to speak about and share their experiences as queer youth. This program takes place on the second Friday of each month from 6:30-8:00pm at the Teen Center with dinner provided.

**Magic the Gathering:** The Teen Center will be starting its very own Magic the Gathering group this fall! We hope you have as much mana as your deck can hold! Dates and time TBD

**LGBT+ Group:** A peer support group for any LGBT+ or questioning youth that needs a welcoming and accepting place to be themselves free of judgment! This group will meet bi-weekly at the Teen Center. Date and time TBD
Calling All Cyclists!

Middlebury E-Bike Lending Library: The Ilsley Public Library partners with Frog Hollow Bikes, Local Motion, and Middlebury Safe Routes to loan out three e-bikes. E-bikes have an electric assist that helps riders get around with less effort and scale hills that previously seemed impossible. For the 2022 season, e-bikes are available to borrow from May 10 through October 27.

For full details and to reserve an e-bike head to: https://www.ilsleypubliclibrary.org/find-it/library-of-things-e-bike

Safe Routes Middlebury hosts “Walk and Roll to School Day” on the first Wednesday of each month at Mary Hogan School, monitors traffic patterns and travel behavior, plans activities to teach bike skills and rules of the road, and recommends improvements to roads, parking lots, drop-offs, sidewalks, crosswalks, traffic lights, signage, bus routes, bike routes, bike racks, and more. Contact Erik Remsen at erik.remsen@gmail.com to help or offer input.

Walk/Bike Council of Addison County is a county-wide, citizen-led advisory group that meets every 12 weeks in Middlebury. The Council seeks to build momentum and capacity for safer walking and biking in our towns and villages. We are mapping a Triangle Road bike loop best connecting our Addison County hubs of Bristol, Vergennes, and Middlebury via New Haven. Council members work with state and regional agencies, municipal staff, schools, and other interested community partners. We seek members from western, northern, and southern portions of our county. Anyone interested should visit https://www.walkbikeaddison.org.

Go! Vermont is a resource of VTrans for finding greener travel options (carpool, vanpool, bus, bike or telecommute). Track your greener trips to earn rewards all year. For more information see https://www.connectingcommuters.org.

International Walk and Bike to School Day is a global event that involves communities from more than 40 countries walking and biking to school on the same day. Over time, this event has become part of a movement for year-round safe routes to school and a celebration – with record-breaking participation – each October. This year the date is October 12th, 2022.
**Skateboard Clinics**

Come learn to skateboard or bring your tricks to the next level at our Skate Clinics. Expert Skate Coaches from the Arson Skateshops & The New England Skateboarding Association teach riding, safety, technique, etiquette, and tricks. Equipment is provided if you need it. We suggest a skateboard, helmet, knee pads, elbow pads, and wrist guards. Also, wear flat sneakers if possible. All ages, skill levels, and genders are encouraged to attend! There have been 5-year-olds and 30-year-olds, all learning how to ride and do tricks, it is truly an all-inclusive activity. Come out and have a fun time shredding with us!

10/01-11/15 - Saturdays from 10am-12pm at Harold Curtis Park in East Middlebury. Sign-up on the Middlebury Parks and Rec webpage. See you there!

**Price:** $50 per Saturday session

**Woofstock**

**Walk for the Animals**

*to benefit Homeward Bound*

**Saturday, September 10**

Join us for a 1 mile walk around Middlebury followed by Music, Prizes, Food, and a doggie dip in The Town Pool!

**Middlebury Dog Park**

Are you a dog owner looking for a place to exercise and socialize your dog? Come visit Middlebury’s 1.5-acre dog park. Located in the field behind Porter Medical Center and adjacent to the MREMS building this fenced-in park includes both small and large dog areas. You will find many friendly humans and dogs there daily. Facebook users may check out the Middlebury (VT) Dog Park page. Those interested in contributing to the ongoing costs of the park may donate at the Middlebury Town Office building.
Take your skiing to new heights!

Registration opens on October 1st | SCHOLARSHIP OPPORTUNITIES AVAILABLE

For more information please visit us online at https://www.middleburyskiclub.org